



JAGANNATH BAROOAH COLLEGE
(AUTONOMOUS)

(ESTABLISHED: 1930)

BARPATRA ALI, JORHAT - 785001 (ASSAM)
FROM : Bimal Barah, M.A., M.Phil., Ph.D.,
Principal.



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Ref. No.: JBC/Misc/2021/134

Date: 03/12/2021

Inter-College Competition letter

To
The Principal,
All Colleges under Dibrugarh University.

Sub: Letter inviting participation in the Dibrugarh University Inter-College Weightlifting (M/W), Powerlifting (M/W) and Best Physique(M) Competition to be held at JB College (Autonomous) from 20th December to 22nd December, 2021.

Sir,

Warm greetings from JB College family. It gives us immense pleasure to let you know that the Sports Board, Dibrugarh University has accorded JB College to host the Inter-College Weightlifting (M/W), Powerlifting (M/W) and Best Physique(M) Competition on 20th, 21st and 22nd December, 2021.

Hence, you are requested to send your team to participate in the competition. We are ready to welcome your team. Thank you. (Please find herewith the Schedule and some important information regarding the competition.)

With regards,

Dr. Surajit Sarmah
(President)

Sandeep Sankar Regan
(Secretary)

(Dr. Bimal Barah)
Principal,
JB College (Autonomous)
Principal
J.B. College (Autonomous)
Jorhat

Organising Committee

Dibrugarh University Inter-College Weightlifting (M/W), Powerlifting (M/W) and Best Physique (M) Competition

Contact nos.:- (8638167458), (8638086872)



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Important Points:-

1. The participating college shall have to register and confirm their participation to the Dibrugarh University sports board on or before 12/12/ 2021.
2. Food and accommodation shall be provided to all the participants. They are supposed to bring their own bedrolls. The college will provide mattresses to all the participants.
3. Registration fees for each college has been fixed at rupees 500.00 (five hundred rupees only) which is non refundable. The hospitality fees for each participant/ person is also rupees 500.00 (five hundred only) excluding the teachers- in -Charge). All payments are to be made at the time of registration.
4. Each participating college should bring one number of its own College Flag for the purpose of hoisting it on the day of Inauguration Ceremony.
5. Covid Appropriate Behaviour is expected from each and every participant.
6. Thank you and best of luck for the competition.

Schedule:-

Dibrugarh University Inter College Powerlifting, Weightlifting and Best Physique Competition- 2021:-

Day 1: 20th December, 2021:-

- 1) 5 p.m. onwards: Reporting/Registration
- 2) 6 p.m. onwards: Weighing
- 3) 6 30 p.m.: Camp inauguration
- 4) 8.30 p.m.: Dinner

Day 2: 21st December, 2021:-

- 1) 6 a.m.: Campus Cleaning
- 2) 7 a.m. - 8.30 AM: Breakfast
- 3) 8.45 a.m.: Swahid Tarpan
- 4) 9 a.m.: Flag Hoisting
- 5) 9.30 a.m.: Inaugural Function
- 6) 10.30 a.m. onwards: Weightlifting Competition (girls)
- 7) 11.30 a.m. onwards: Weightlifting competition (boys)
- 8) 1.30 p.m. onwards: Lunch
- 9) 3.30 p.m.: Prize Distribution (weightlifting)



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- 10) 4 30 p.m. onwards: Best Physique Competition (Boys)
- 11) 8 30 p.m. Dinner

Day 3 : 22nd December, 2021:-

- 1) 6 a.m. Campus Cleaning
- 2) 7 a.m. - 8 30 AM Breakfast
- 3) 8 30 a.m. onwards Powerlifting Competition (Both girls and boys)
- 4) 1 30 p.m. onwards Lunch
- 5) 7 p.m. onwards: Prize Distribution /Valedictory Ceremony
- Cultural Night alongside

N.B. - (Schedule timing may be subject to change)


Principal
J.B. College (Autonomous)
Jorhat
(Dr. Bimal Barah)
Principal,
JB College (Autonomous)